



LAMBTON COUNTY CONNECTS

Lambton County Connects (LCC) is a free telephone based program offered to older adults who reside in Lambton County. All programs are provided over the telephone allowing participants to interact from the comfort of their own home!

LCC provides opportunities to socialize, learn new skills and stay connected to others. Typical programs will include:

- Trivia & Word Games
- Coffee Socials
- Health & Wellness Topics
- Book Clubs
- Music Programs
- Sports Recap
- Holiday Socials
- What's In The News
- Travelogues
- History Channel

HOW DOES THE LCC WORK?

- Register as a participant
- Receive a program guide and calendar.
- Choose the programs you would like to participate in
- On the day and time of the program, call the toll free number
- Enjoy the program from the comfort of your home



GET STARTED

To register or for more information:

Visit: www.LambtonCares.ca

Phone: 519-882-1470 ext. 5007

1-800-565-3890 ext. 5007

Email: lcc@county-lambton.on.ca